



Mental Health Association of NW PA

1101 Peach St
Erie, PA 16501
814-452-4462

Updates:

- MHA has space available for members to meet with support staff.
- Free laundry & shower facilities
- Weekly delivery of Lake Erie Food Rescue and Panera
- Weekly Housing Group
- Weekly Housing Help
- Weekly Bingo
- Weekly NA Meeting
- Weekly Yoga
- Weekly Free Government Cell Phones
- Monthly KindVeg
- Monthly Central Outreach
- ALL COMMUNITY ACTIVITIES ARE SUSPENDED UNTIL FURTHER NOTICE

Announcements:

- Our membership drive continues. Any member who refers another individual who joins will receive a \$5.00 gift card.

HOURS OF OPERATION

Monday: 9:00 AM— 3:45 PM
Tuesday: 9:00 AM—3:45 PM
Wednesday: 10:00 AM—3:45 PM
Thursday: 9:00 AM—3:45 PM
Friday: 9:00 AM— 3:45 PM
Saturday: CLOSED
Sunday: CLOSED



February 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 11:30 Free cell phones 2:00 NAMI Arts & Crafts	2 10:00 Yoga 11:00 NA Meeting 6:00 PM AA Meeting	3 Closed 7:00 Another Look
4 Closed 7:00 PM Al-anon	5 6:00 PM AA Meeting	6 10:30 Housing Group 1:30 PM Lake Erie Food Rescue 2:00 PM NAMI Arts & Crafts	7 1:00 BINGO 1:00 Housing Help 1:00 Cleaning Crew	8 11:30 Free cell phones 2:00 NAMI Arts & Crafts	9 10:00 Yoga 11:00 NA Meeting 6:00 PM AA Meeting	10 Closed 7:00 Another Look
11 Closed 7:00 PM Al-anon	12 6:00 PM AA Meeting	13 10:30 Housing Group 1:30 PM Lake Erie Food Rescue 2:00 PM NAMI Arts & Crafts	14 1:00 Housing Help 1:00 Valentine Day Party/Dance	15 11:30 Free cell phones 10:00 Central Outreach 2:00 NAMI Arts & Crafts	16 10:00 Yoga 11:00 NA Meeting 6:00 PM AA Meeting	17 Closed 7:00 Another Look
18 Closed 7:00 PM Al-anon	19 President's Day 6:00 PM AA Meeting	20 10:30 Housing Group 1:30 PM Lake Erie Food Rescue 2:00 PM NAMI Arts & Crafts	21 1:00 BINGO 1:00 Housing Help 1:00 Cleaning Crew KindVeg	22 11:30 Free cell phones 2:00 NAMI Arts & Crafts	23 10:00 Yoga 11:00 NA Meeting 6:00 PM AA Meeting	24 Closed 7:00 Another Look
25 Closed 7:00 PM Al-anon	26 6:00 PM AA Meeting	27 10:30 Housing Group 1:30 PM Lake Erie Food Rescue 2:00 PM NAMI Arts & Crafts	28 1:00 BINGO 1:00 Housing Help 1:00 Cleaning Crew	29 11:30 Free cell phones 2:00 NAMI Arts & Crafts		